

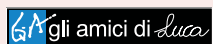


**PARTICIPATING ORGANISATIONS:**

- IT Futura Soc. Cons. r. l. (lead partner)
- IT CSI - Centro Sportivo Italiano
- BE MOBILAB - Multidisciplinary Expertise Centre of the Thomas More University College
- CY European Social Forum Cyprus
- DK Aalborg University
- ES Spanish Society of Social and Health Care (SEAS)
- ES Dependencias - Asociación Estatal Para El Desarrollo De Servicios Y Recursos
- LT Siauliai University
- PT PODES - Desenvolvimento Sustentável

**IN COLLABORATION WITH:**

- IT Associazione Gli Amici di Luca ONLUS



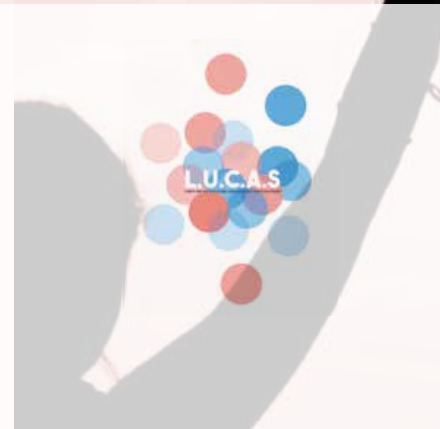
[www.lucasproject.eu](http://www.lucasproject.eu)

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# L.U.C.A.S PROJECT

Links United for Coma Awakenings  
through Sport



LUCAS project, lasting two years (January 2015 - December 2016), is co-funded by the **Erasmus+** Programme of the European Union (Sport Collaborative Partnership). Futura - Italy is the lead partner in collaboration with the non-profit Association **Gli Amici di Luca**, the Italian partner is **CSI - Italian Sports Centre** and six other European countries are involved as partners (Belgium, Cyprus, Denmark, Spain, Lithuania, Portugal).



**THEME /** To enhance social inclusion, equal opportunities and participation in sport of people with acquired disability from traumatic brain injury and spinal cord injury (in particular resulting from a coma).



Through sport we can provide opportunities for participation to people at risk of exclusion from the community following a dramatic break of the life project (awakenings from "suspended lives") and to build networks of solidarity and voluntary work around these people (awakening of community).

1

## / OBJECTIVES

Create a stable European network for sharing information, experience and best practices in terms of models of rehabilitation through sport, for the reintegration of people with acquired disability from traumatic brain injury and spinal cord injury (in particular resulting from a coma) and their families / caregivers.

2

Develop and test an experimental, structured, multidisciplinary and integrated methodology of rehabilitation through sport for people with acquired disability from traumatic brain injury and spinal cord injury (in particular resulting from a coma). It will be a comprehensive rehabilitation plan assisted by qualified personnel aimed not only to a physical rehabilitation but also to a successful social reintegration.

3

Promote and participate in the first "European Day of Awakenings", on October 7th, 2015 (together with the partnership of the European project L.U.C.A. funded on the LLP - Grundtvig Programme): a rich program of conferences, seminars, sports and cultural events, carried out jointly in Italy and in eight other European countries, to raise awareness of public opinion and institutions to the issue of rehabilitation of people with acquired disability from traumatic brain injury and spinal cord injury (in particular resulting from a coma), to enhance the acceptance and respect for the dignity of each person in the community. The initiative comes from the experience of the Association "Gli Amici di Luca" in Bologna, which for 16 years celebrates the "National Day of Awakenings for coma research – it's worth it", under the High patronage of the President of the Republic, the patronage of the Presidency of the Council of Ministers, the Ministry of Health and many other national and local public institutions.

The first European day of awakening has recently obtained the high patronage of the European Parliament.



European Parliament

