



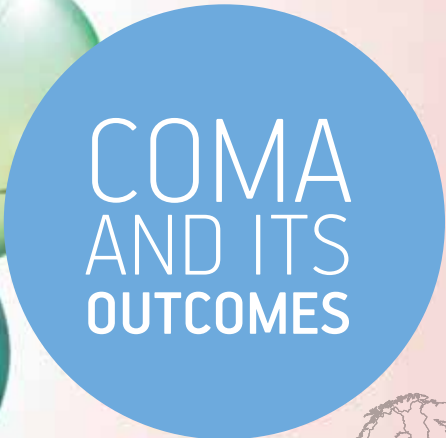
Con il patrocinio  
Ministero della Salute



# It's worth it!



## EUROPEAN DAY OF AWAKENINGS OCTOBER 7<sup>TH</sup> 2017



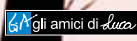
www.studiocoro.it



With the support of the  
Lifelong Learning and the Erasmus+  
Programme of the European Union



Co-funded by the  
Erasmus+ Programme  
of the European Union



The **NATIONAL DAY OF AWAKENINGS ON COMA RESEARCHES – IT'S WORTH IT** has reached the goal of its 19<sup>th</sup> edition this year, thus becoming **the third EUROPEAN DAY OF AWAKENINGS**, under the high patronage of the **European Parliament**.

The **“National Day of Awakenings”**, promoted by the association **“Gli amici di Luca”**, starts from the project of the **“Casa dei Risvegli”** shared with the municipality of Bologna and linked to the **“CASA DEI RISVEGLI LUCA DE NIGRIS”**, an innovative public centre for rehabilitation and researches, part of the Health Authority in Bologna. Built in Bologna in the area of Ospedale Bellaria, this centre is unique in Europe. Its aim is to strengthen a new philosophy of the cure to emphasize the central role of the family, wishing for the expansion of similar structures in a network of analogous structures in a network of suitable services for patients with coma and vegetative state. This important goal honours a planning capacity grown into a local sensitivity that has been able to combine the rising needs of a non-profit voluntary association and of the institutions committed to a common project of social and health innovation.

The **EUROPEAN DAY OF AWAKENINGS** was created by the European project **LUCAS (Links United for Coma Awakenings)** financed on the LLP- Grundtvig program. In 2015 it brought to the spread of the good practices on coma and serious acquired brain damages; its partners being: Spain, Belgium, Bulgaria and Greece and the **LUCAS project - “Links United for Coma Awakenings through Sport”** (partners: Denmark, Spain, Belgium, Cyprus, Lithuania and Portugal). The Futura Education Centre has always been the leader of the project on Programma Erasmus + Sport, closed in 2016 in cooperation with the CSI Centro Sportivo Italiano (Italian Sport Centre) and the Gli Amici di Luca association. The LUCAS project has also been selected as a “success story” by a group of experts of the Directorate General for Education and Culture of the European Commission. These projects promoted the birth of the European Day of Awakenings, the opportunity for the project partners and other associations working to make this initiative alive and to sign the protocol of cooperation. The debate launched on the theme of coma has raised great interest at European level and the idea of an European Day of Awakenings, celebrating today its 3<sup>rd</sup> edition, acquires a great value, both for the association world and the Health system.

The event will also take place through combined action by web among the countries taking part in it through social themes, combined with the clinical ones of research and the therapeutic alliance among health professionals, non-health operators, family members and volunteers. The main themes of the event are: coexistence with the illness, patient management, support to the families and sharing with families a more effective role in the rehabilitation course of their dear ones. A particular attention will also be given to research with the intervention of the Japanese music therapist **Ryo Noda** from Osaka University **Ryo Noda** and the experience of the **“Theatre of Awakenings”**, with the result of the workshops for people with coma outcomes in the Casa dei Risvegli Luca De Nigris. These patients will visit Valencia (the municipality of Bologna's twin town) with workshops performance activities thanks to the patronage and the contribution of Emilia Romagna – Cultura d'Europa and the significant support of AMI (Fondazione Alta Mane Italia) who has been supporting the Association Gli amici di Luca for many years.

The association Gli amici di Luca is also part of the **Osservatorio Nazionale sulla Condizione delle Persone con Disabilità (the National Observatory on people with disabilities)** and it is committed to the application of the action plan ratifying the United Nation Convention on the rights of people with disabilities an on equal opportunities for people in need.

[www.lucasprojecteu.eu](http://www.lucasprojecteu.eu)

## EVENT PROGRAMME



**Valencia | From Tuesday 26<sup>th</sup> September to Saturday 30<sup>th</sup> September**

**In the twinning between the Municipality of Bologna and the Municipality of Valencia Workshops**

**Friday 29<sup>th</sup> September 5.30 p.m. - Teatro Olympia, Valencia**

**Gli amici di Luca  
with Teatro dell'Argine and Nueva Opción**

**present**

**IN PROGRESS**

*Dramaturgy and Direction*

**Alessandra Cortesi, Deborah Fortini, Nicola Bonazzi**

*Pedagogical coordination*

**Antonella Vigilante, Gian Luigi Montanari**

*On stage the participants to theatre workshops:*

**Gruppo Dopo...di Nuovo - Gli amici di Luca, Compagnia Gli amici di Luca and Nueva Opción**

*Docu-video* **Alberto Pullini**

*Lights* **Vittorio Perelli**

*Music advice* **Lucio Bonazzi**

*Photos* **Gabriele Fiolo**

*Special thanks to:*

**Lorena Mendes Collado and Flor Alcolea Abad**

*For their precious cooperation*

*This event is supported by*

Regione Emilia Romagna - Cultura d'Europa

AMI (Fondazione Alta Mane Italia)



The theatre activities of **“Gli amici di Luca”**  
In the Casa dei Risvegli Luca De Nigris  
Are realized by the contribution of  
AMI (Fondazione Alta Mane Italia)

 Bologna | Saturday, 7<sup>th</sup> October 2017 - 9.00 a.m. /12.30 a.m.  
Garden Casa dei Risvegli Luca De Nigris - Ospedale Bellaria - Via Giulio Gaist, 6 - Bologna

## 3<sup>th</sup> EUROPEAN DAY OF AWAKENINGS

### OPEN DAY

in cooperation with

CSI Centro Sportivo Italiano Comitato di Bologna  
(CSI Italian Sport Centre – Bologna Committee)

For many years the “National Day of Awakenings” has traditionally been the occasion to meet the citizenship and restate the need to look at differences, to express solidarity, to rejoice and celebrate together in a space for cure linked to the town in order to reaffirm its normality with patients, family members, operators and volunteers.

#### PROGRAMME:

- Attività ludico motorie per i ragazzi realizzate da operatori del CSI Centro Sportivo Italiano
- Recreational and motor activities by operators of CSI Centro Sportivo Italiano
- Readings and records in important places inside the structure
- “**Esplora risorse**” (To explore resources) photographic exhibition by Federica Cucchi, Jessica Carione about the meeting and the gradual approach process between two women
- Opening greetings by **S.E. Mons. Matteo Maria Zuppi** archbishop of Bologna and **Alessandro Bergonzoni**, testimonial of the Casa dei Risvegli Luca De Nigris

At **12.00 a.m.** the “messages for an awakening” attached to balloons will fly from the Casa dei Risvegli Luca De Nigris and at the same time from control towers of airports managed by **Enav**, the society monitoring the civil airplane traffic in Italy, as well as from other different Italian and European squares.

Initiatives in Italian cities taking part in the event: • **Cremona** - Liceo Scienze Umane e Economico Sociale Sofonisba Anguissola “Mestieri Misteri” - (Human science and economic and social high school Sofonisba Anguissola “Mestieri Misteri”) - Alleanze inedite nei percorsi di Alternanza Scuola-Lavoro. (Innovative alliances in the school-work alternation course) • **Gallarate (VA)** “Io resto in silenzio ma Tu fa sentire la Mia Voce” (I’m keeping silent but you make my voice heard) • **Gioia del Colle** - Storie di silenzio...con Gioia (Accounts on Awakening...with Gioia del Colle) - Chiostro del Palazzo Comunale • **Salerno** initiatives by the Istituto Scolastico Matteo Mari • **Caltagirone, Spoltore (Pescara)** and other towns with initiatives to be defined. Initiatives in European cities in:

**Belgium, Bulgaria, Cyprus, Denmark, Greece, Lithuania, Portugal and Spain.**



## CONFERENCES

In cooperation with the Ministry of Health

 San Pellegrino Terme | Saturday, 30<sup>th</sup> September 2017 - 9.00/13.30 a.m.  
Hotel Bigio - Centro Congressi - Via Giacomo Matteotti, 2 - San Pellegrino Terme - Bergamo

### 29<sup>a</sup> MEETING GENESIS

## THE ASSOCIATION GENESIS IN COOPERATION WITH THE NEUROREHABILITATION ACADEMY IN SAN PELLEGRINO TERME

## INNOVATIVE ASPECTS OF THERAPY, ASSISTANCE AND REHABILITATION FROM SPASTICITY DISORDERS

Under the patronage of the Rehabilitation Department,  
Provincial Local Health Authority in Bergamo

Scientific Secretary Dr. **Giovanni Pietro Salvi**  
Istituto Clinico Quarenghi - San Pellegrino Terme  
Tel. +39 0345 25145

e-mail: [segreteria@clinicquarenghi.it](mailto:segreteria@clinicquarenghi.it)

 Bologna | Tuesday, 3<sup>rd</sup> October 2017 - 9.00/12.30 a.m.

Cappella Farnese di Palazzo d'Accursio - Piazza Maggiore 6 - Bologna

## THEATRE AND MUSIC IN A THERAPEUTIC CONTEST FOR CONSCIOUSNESS DISORDERS

*Conference with the patronage of  
Ministry of Health*

greetings by:

**Maria Vaccari** *president of Gli amici di Luca Onlus*

**Gian Pietro Salvi** *president of "La Rete delle associazioni" (The Association Network)*

### FIRST SESSION

moderator

**Fulvio De Nigris** *director of the Centro Studi per la Ricerca sul Coma  
(Study centre for Coma research)*

### HEALTH AND WELLBEING RECOVERED BY THEATRE

A research project to understand the kind of impact of a theatre workshop dedicated to patient with coma outcomes

**Pina Lalli** *Head of the Department of Political and Social Sciences  
Alma Mater Università degli Studi di Bologna*

**Luca Zappi** *research fellow in Public and Social Communication Sciences*

### THEATRE LANGUAGES IN THE MULTIDISCIPLINARY SETTING OF REHABILITATION

**Alessandra Cortesi** *theatre operator at the coop perLuca*

**Loredana Simoncini** *speech therapist at the Casa dei Risvegli Luca De Nigris*

**Cristina Di Stefano** *researcher at the Study centre for Coma researches*

**Giusy Salvati** *physiotherapist at the Casa dei Risvegli Luca De Nigris*

**Enrico Ferrucci** *physiotherapist at the Casa dei Risvegli Luca De Nigris*

**Fernanda Nader** *occupational therapist at the Casa dei Risvegli Luca De Nigris*

### SECOND SESSION

moderators

**Roberto Piperno** *Director of the Rehabilitation Medicine and Neurorehabilitation UOC Ospedale Maggiore; Director of the Casa dei Risvegli Luca De Nigris*

**Jean Luc Truelle** *Professeur honoraire de la Faculté de médecine d'Angers  
Ancien chef du service de neurologie de l'hôpital Foch  
Neurologue expert près la Cour d'Appel de Versailles*

### THE MUSIC WORKSHOP IN A THERAPEUTIC SITUATION AT CASA DEI RISVEGLI LUCA DE NIGRIS

**Roberto Bolelli** *music therapist Casa dei Risvegli Luca de Nigris*

### MUSIC-KINETIC THERAPY

On patients in a vegetative state and minimal consciousness, combining listening and movement in neurological rehabilitation with different kinds of music: from symphony, to folk and jazz

**Noda Ryo** *musician and researcher, Osaka University*

### DISCUSSION



Secretary and Organization: Gli amici di Luca Onlus  
Tel. +39 051 6494570 - e-mail: [info@amicidiluca.it](mailto:info@amicidiluca.it)

 Belgium | Wednesday, 18<sup>th</sup> October 2017 - 5.30 p.m.  
Bruxelles - European Parliament - Altiero Spinelli Palace room 5G305 - Rue Wiertz 60

## EUROPEAN DAY OF AWAKENINGS: HOW TO REDUCE DIFFERENCES IN HEALTH AND SOCIAL EXCLUSION

introduction  
**Elly Schleinn** *European Parliament member*

Opening  
**Francesco Errani** *counsellor at the Municipality of Bologna, the Casa dei Risvegli - Gli amici di Luca project*  
**Fulvio De Nigris** *director at the Study Centre for Coma Research - Gli amici di Luca onlus*

Speakers:  
**Elena Vignocchi** *responsible for European projects at Futura, Leader L.U.C.A.S. (Links United for Coma Awakenings through Sport) project Erasmus + Sport project, financed with the support of the European Commission*

**Elena Boni** *vice president of the CSI Bologna Committee*

**Francesca Natali** *association Gli amici di Luca, representative of the project L.U.C.A.S.*

**Marco Fabbri** *vice president at Club Inguaribile voglia di vivere*

**Alessandra Cortesi** *theatre operator at the Casa dei Risvegli Luca De Nigris*

**Antonella Vigilante** *educator at the Casa dei Risvegli Luca De Nigris representative "Teatro dei risvegli" theatre activities for patients with coma outcomes*

**Luca Zappi** *research fellow in Public and Social Communication Sciences*

*Representative of the research project on theatre activities for patients with coma outcomes*

Moderator:  
**Massimo Pandolfi** *journalist, editor in chief of "Il Resto del Carlino"*



Other initiatives  
to be defined  
in partner countries:  
**Belgium, Bulgaria, Cyprus,  
Denmark, Greece, Lithuania,  
Portugal, Spain.**

## EVENTS

 Bologna | Monday, 2<sup>nd</sup> October 2017 - 10.15 p.m.  
*Cantina Bentivoglio - Via Mascarella 4/b - Bologna*

### RYO NODA EXHIBITION

Japanese composer, musician, music therapist



 Bologna | Tuesday, 3<sup>rd</sup> October 2017 - 10.15 p.m.  
*Auditorium Enzo Biagi - Biblioteca Sala Borsa - Piazza del Nettuno 3*

OPENING CEREMONY - PHOTOGRAPHIC EXHIBITION



*LA LUCE NEI RISVEGLI (THE LIGHT OF AWAKENINGS)*  
A project directly realized by patients dismissed from the  
Casa dei Risvegli Luca De Nigris di Bologna


Organized by  
**Filippo Taroni, Cristina Franchini e Miguel Hernandez**

 Bologna | Thursday, 5<sup>th</sup> October 2017 - 9.00/12.00 p.m.  
*Piazza Maggiore - Bologna*

*The Association Gli amici di Luca with the "European Day of Awakenings" takes part in the*

## NATIONAL EVENT CIP NATIONAL DAY OF PARALYMPIC SPORTS

Promotional event for the students of all levels in Emilia-Romagna

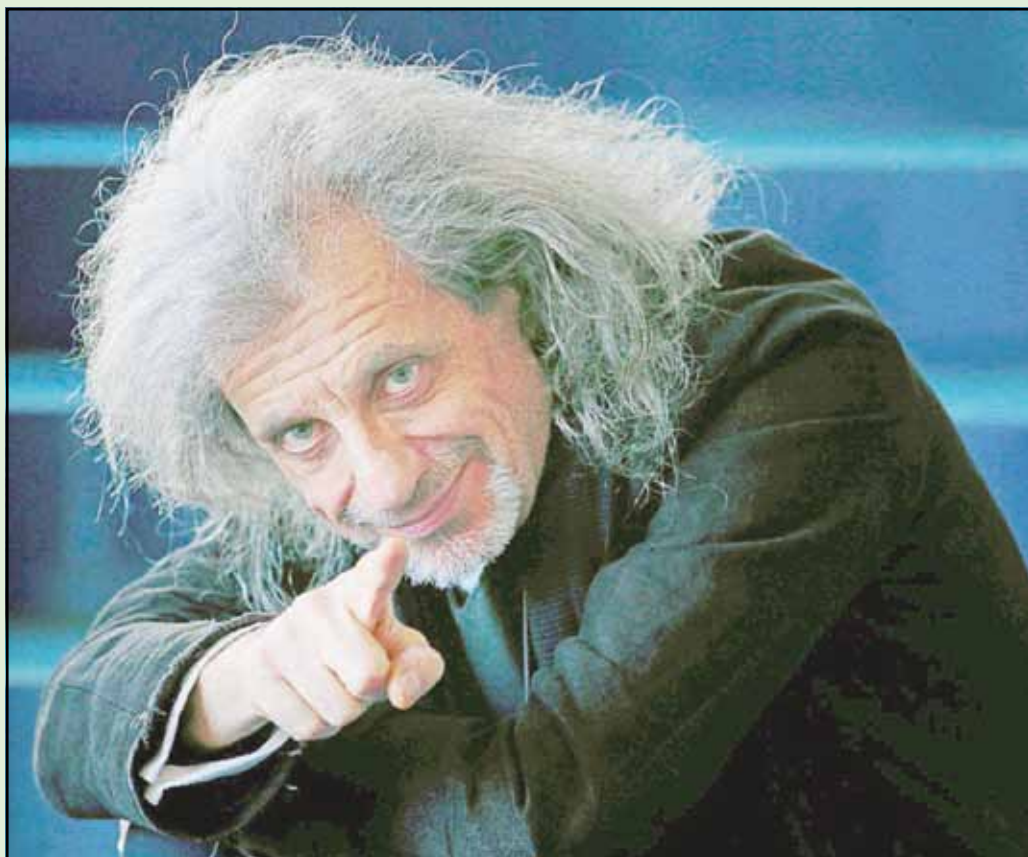
 Bologna | Saturday, 7<sup>th</sup> October 2017 - 7.30 a.m.  
Cinema Teatro Galliera via Matteotti 27 - Bologna



## RISVEGLI AL CINEMA (AWAKENINGS AT CINEMA)

**Theatre and Video**  
**by Alessandro Bergonzoni**

info: +39 393 89605515  
www.cinematroegalliera.it



 Bologna | Sunday, 8<sup>th</sup> October 2017  
Palestre Comune San Lazzaro di Savena - Bologna

## 16° TORNEO 'VALE LA PENA' (16° TOURNAMENT "VALE LA PENA")

Promoted by San Lazzaro Volleyball Vip

The event is for girls born in the year 2004 and after (under 14)  
Qualification matches will take place in the morning and the finals in the afternoon  
[info@sanlazzaropallavolo.com](mailto:info@sanlazzaropallavolo.com)

 Bologna | Tuesday, 10<sup>th</sup> October 2017 - 8.30 p.m.  
Ristorante Antica Trattoria del Cacciatore - Via Caduti di Casteldebole 25 - Bologna

## NUTRIRE IL CERVELLO (TO FEED THE BRAIN)

Charity dinner in cooperation with CAAB

Price per person € 35,00

To support the project presented by the association  
Gli amici di Luca

And selected by the Fondazione Vodafone

**Melograno 2.0**

**After the coma experience: suitable sport and  
correct nutrition for a continuous recovery.**

Healthy description of the courses:

**Silvana Hrelia** Department of Science for the  
Quality of Life University of Bologna

Speaker

**Andrea Segrè** president of CAAB

Booking and information

**Ristorante Antica Trattoria del Cacciatore**

Tel. +39 051 564203

**Gli amici di Luca**

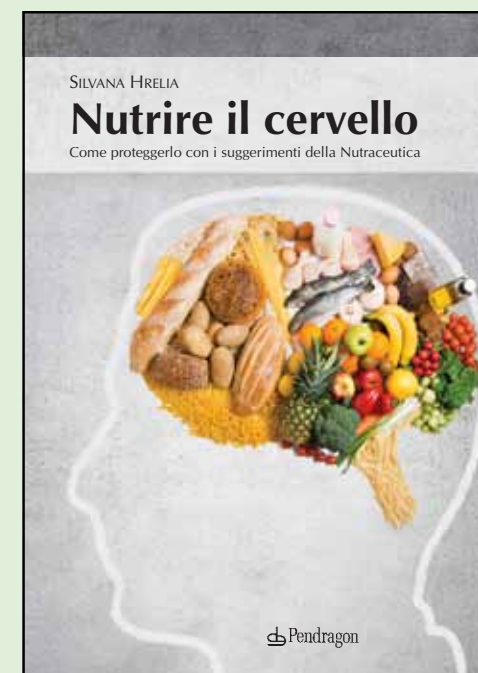
Tel. +39 051 6494570 - [info@amicidiluca.it](mailto:info@amicidiluca.it)

During the evening at the piano

**Alberto Frabetti**

Surprise guests

with the patronage



## OTHER EVENTS IN EUROPE

 Belgium | Monday, 4<sup>th</sup> September 2017 - From 3.00 p.m. until 9.00 p.m.  
AZ Herentals - Nerderrij 133 - 2200 Herentals - Belgium

Initiative promoted by:

MOBILAB - Multidisciplinary Expertise Centre - Thomas More University College, Geel

**EUROPESE DAG VAN HET ONTWAKEN**

### OPENING CEREMONY OF THE FIRST POSTREHABILITATION CENTRE: REVALution

Program:

- 14.30: Welcome by Wout Van Aert en Sarah De Bie  
‘The making Of’ with live music from Pure Joyce
- 15.00: the new name: REVALution Center, By Marc Herremans  
The importance of the revolutionary initiative:  
Panel discussion with Minister of Welfare Jo Vandeurzen,  
Peter Bellens from the Province of Antwerp en Mayor Jan Bertels  
REVALutioncenter ‘The Movie’: de magic of the 6th floor  
Sustainability by co-creation building an ecosystem:  
By Lieven De Maesschalck from Mobilab@Thomas More,  
Jo Schops from Orthomedico and Renilde Craps from Voka - KvK Kempen
- 16.15: Discover the REVALution Center by an interactive guided tour
- 18.00 - 21:00 free guided visit for the audience and network reception

 Belgium | Wednesday, 8<sup>th</sup> November 2017 - 6.00/9.00 p.m.  
Salle Académique - Place du XX août - 4000 Liège - Belgium

Initiative promoted by:

Coma Science Group, GIGA & CHU Sart Tilman  
Department of Neurology, University of Liege, Liege

**JOURNÉE EUROPÉENNE DE L'ÉVEIL**

### TROISIÈME JOURNÉE EUROPÉENNE DU COMA

Conferences on consciousness, organ donation and coma & related stated + interviews  
(family & association of patients)

Speakers:

Pr Steven Laureys, Pr Didier Ledoux, ULg, Pr. Detry - ULg, Pr. Pirenne - KUL, Pr. Mourad - UCL

 Bulgaria | Wednesday, 11<sup>th</sup> October 2017

Vitosha Hall - Vitosha Park Hotel - 1 Rosario Str. - 1700 Studentski Kompleks - Sofia

Initiative promoted by:

NGO My World / Sdrujenie “Moyat Svyat” - Sofia

**ЕВРОПЕЙСКИ ДЕН НА СЪБУЖДАНЕТО**

### SOCIAL INCLUSION OF PERSONS WITH MENTAL DISABILITIES THROUGH SPORT

Conference program to be defined

Speakers from:

Italy, Germany, France, Hungary, Bulgaria.

 Cyprus | Saturday, 7<sup>th</sup> October 2017

Lemesos City Center

Initiative promoted by:

European Social Forum Cyprus, Lemesos

**ΕΥΡΩΠΑΪΚΗ ΗΜΕΡΑ ΑΦΥΠΝΙΣΕΩ**

### THE RIGHTS OF PERSONS WHO HAVE BEEN AWAKENED AFTER A COMA

Program:

- Concentration in the quarter of grhgoris afxentiou square
- Salutations
- Dissemination of information material to the public
- Marsh of motorcycles in the city center and the province
- In presence: health minister / the major / eurobullers / representative ngos

 Denmark | Friday, 13<sup>th</sup> October 2017 - 1.00/3.00 p.m.

Xlab - Aalborg University - Kroghstraede 3 - 9220 Aalborg

Initiative promoted by:

Xlab - Design, Learning, Innovation at the Department of Learning and Philosophy,  
Aalborg University, Denmark

**EUROPÆISK DAG FOR OPVÅGNINGER**

### LUCAS: HOPPOLEK - JOYFUL PHYSICAL TRAINING FOR CHILDREN WITH DISABILITIES

Speakers:

- Eva Brooks, Professor, Aalborg University
- Ylva Dalén, Physiotherapist and inventor of Hoppolek
- Institutions and Children
- Physical and Cultural activities

Detailed Programme: TBA



Greece |

Initiative promoted by:  
**University of the Aegean**

## ΕΥΡΩΠΑΪΚΗ ΗΜΕΡΑ ΑΦΥΠΝΙΣΕΩΝ

Lithuania | Friday, 6<sup>th</sup> October 2017

*Siauliai University Riding Therapy Center - Kurtuvenai - Siauliai Distrct - Parko str. 6*

Initiative promoted by:  
**Siauliai University, Siauliai**

## EUROPOS DIENA, SKIRTA ŽMON MS PABUDUSIEMS IŠ KOMOS LIVING TOGETHER: HOLISTIC APPROACH TO FAMILY AND ENVIRONMENT

Welcome speech:

*Vice-mayor of Siauliai Municipality* **Domas Griskevičius**  
*Head of Kurtuvenai Regional Park* **Rimvydas Tamulaitis**

PLENARY SESSION (MORNING SESSION):

- Presentation of Good practice experiences of the Coma Awakening day, activities and networks to Municipal Health Council (Prof. Liuda Radzeviciene; mgr. Lina Miliuniene)
- Presentation of the results of the LUCAS project activities. Effects of Riding Therapy on Human Body. (Ph. Student Agne Savenkoviene; Ph Student Ilona Dobrovolskyte; mgr. Jurgita Rutkiene).
- Riding Therapy Effects of Awakenings out of the Coma (Assoc. prof. Daiva Mockeviciene);

WORKSHOP (AFTERNOON SESSION):

- “Living together: holistic approach to family and environment”. Meeting and discussions with specialists, target group and family members.
- Sport and creativity activities with participants of the event. Activities of participants on creativity, hobby.

Portugal |

*Cascais, Porto and Braga*

Initiative promoted by:  
**Associação Novamente**

*(Associação de Apoio aos Traumatizados Crânio Encefálicos (TCE) e Suas Famílias)*

## DIA EUROPEU DO DESPERTAR

*Associação NOVAMENTE,*  
*will make awareness of the EUAwakeningsDay 2017 in 3 different towns*

How: On 4<sup>th</sup> October 2017, 3 groups of TBI survivors will get together, share life histories and send out balloons. Each group will be a different town: Lisbon, the capital, Porto, the North Capital and Braga the Youth capital town.

Outputs: photos on the facebook page on the 4<sup>th</sup>; film on facebook page on 7<sup>th</sup> October, Twitter and on the associacao novamente website.

Spain | Friday, 6<sup>th</sup> October 2017

Initiative promoted by:

**Sociedad Española de Asistencia Sociosanitaria (SEAS) and University of Valencia**  
*in collaboration with Kveloce I+D+I and Las Naves, espai d'innovació i creació*

## DÍA EUROPEO DEL DESPERTAR

Program:

CINEFORUM AND PRESENTATION OF LOCAL INITIATIVES

12.30 p.m. CINEFORUM

The aim of the activity is to raise awareness of the importance of sport for neurological and functional rehabilitation, specially these patients recovered from COMA. Target audience is composed of general society. A discussion will be held after the movie with professionals working with these patients, families and caregivers who may be interested in the activity.

2.00 p.m. AWAKENINGS DAY LOCAL INITIATIVES

The activities and services concerning social and health care for individuals with acquired brain injury and their families will be present.

Outputs: photos in the facebook on the 6<sup>th</sup>; twitter.



The High Patronage of the President of the Republic  
Have been required  
With the patronage of :  
Presidency of the Italian Council of Ministers and the  
Ministry of work and Social Polices

Under the high patronage of  
the European Parliament



with the patronage



With the patronage of the Ministry of Health



And the contribution



The theatre tour of the “Gli amici di Luca” has been realized with the contribution of



in cooperation with



CLUB L'INGUARIBILE  
VOGLIA DI VIVERE



media  
partner



The social campaign by  
Alessandro Bergonzoni  
Is sponsored by



With the support of

