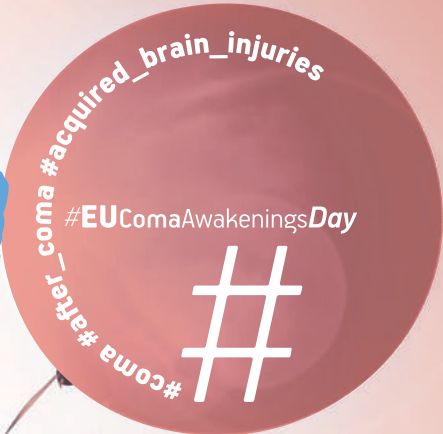




SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA
Azienda Unità Sanitaria Locale di Bologna

Istituto delle Scienze Neurologiche
Percorso di Ricerca e Cura a Carattere Scientifico

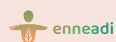
It's worth it!



EUROPEAN DAY OF AWAKENINGS

OCTOBER 7TH 2023

COMA AND ITS OUTCOMES



Co-funded by the Erasmus+ Programme of the European Union



Lifelong Learning Programme

Participants in the #EUComaAwakeningsDay since 2015



The "National Day of Awakenings on Coma Research - It 's worth it" organized by the Association Gli Amici di Luca, celebrates its twenty-fifth edition this year, with the actor Alessandro Bergonzoni as its ambassador. Since nine years this event has traditionally been organised under the High Patronage of the Italian President of the Republic and it has been celebrating the European Day of Awakenings with partner countries under the High Patronage of the European Parliament. This year marks the conclusion of the project "Bologna is the cure - a participatory manifesto for the Day of Awakenings" that has been realised with the Municipality of Bologna and financed by the Emilia Romagna Region.

In the exhibition area of the Legislative Assembly of the Emilia Romagna region Alessandro Bergonzoni, the ambassador of the "Day of Awakenings" for 25 years will inaugurate an exhibition showing the posters and spots of all the social campaigns of these years.

The main goal of the "Day of Awakenings" is to raise awareness about patients with coma and the challenges faced by their families in institutions and public opinion.

Strengthening the network of care and cultural services during free time allows patients to face a wide and articulated resocialization in the territory outside of their families. This point, together with witnesses of true life stories, wants to raise awareness both on public opinion and the media about an extensive problem that must be of public domain.

A key element of this initiative is the "Casa dei Risvegli Luca De Nigris", The Luca De Nigris House of Awakenings, a unique research and rehabilitation centre in Italy and Europe, a public structure of the Local Health authority in Bologna that has been established in cooperation with the association Gli amici

di Luca, a project shared with the municipality of Bologna and the Emilia Romagna region. This innovative structure promotes a philosophy of the cure centred on the family and it will celebrate its tradition "Open Day" on 7th October.

Another important aspect is the active involvement of the territory and the city. On Sunday, 8th October, Piazza Maggiore in Bologna will host an event involving several associations and authorities, from the National Observatory on Road Safety of the Emilia Romagna region, to the civic and road education office of the Local Police in Bologna, the CIS, Italian Sport Centre, the Italian Red Cross, Avis (The Italian Association of Blood Donors), The Italian Paralympic Committee, and others.

Moreover, the association Gli amici di Luca will bring its initiative to Brussels, where it will be hosted by the Italian Institute of Culture and it will perform the play "Coma reading" with Alessandro Bergonzoni and the patients with coma awakenings taking part into the theatre labs of the Casa dei Risvegli Luca De Nigris. Finally, there will be an important meeting at the European Parliament as well, to share the results of the project "Bologna is a participatory manifesto for the Day of Awakenings", coordinated by the Parliamentary deputy Elisabetta Gualmini.

The association Gli Amici di Luca has taken part into the fair "EXPOAID, the patient in the centre", organised by the national observatory on the condition of patients with disability.



25th National Day of Awakenings - 9th European Day of Awakenings



"Twenty-five years of CONGIUNGIVITE (CONJUNCTILIVES) (not to see opaque): we have arrived twenty-fifth on more than two thousand years, not a bad qualification in the end..."

Alessandro Bergonzoni

Ambassador of the Casa dei Risvegli Luca De Nigris



"The Day of Awakenings is a place for meeting and sharing, giving voice to patients and their fragilities"

Alessandra Locatelli

Minister for Disabilities

"When I first came to the Luca De Nigris House of Awakenings, I understood how important is our task, our attention and share that will always be high"

Stefano Bonaccini

President of the Emilia-Romagna region



"Blood is life: let's give it together
To awake consciences on solidarity"

Sonia Manaresi

President of Avis (The Italian Association of Blood Donors), Bologna



"Research, health assistance and volunteering: the success of the Luca De Nigris House of Awakenings"

Paolo Bordon

CEO of the Local Health Authority in Bologna



"This year as well, in this Day of Awakenings, we will bring our first aid and our principles of solidarity"

Marco Migliorini

President of the Italian Red Cross - Bologna committee

"Bologna is the cure" has the ambition to be a small grain of sand in the necessary social transition that is as urgent as the environmental one these days"

Cristina Ceretti - Delegate advisor
*For disability, family and subsidiarity
Municipality of Bologna*



"It is touching to walk together,
to offer a bit of us to anyone"

Melissa Milani

*President of the CIP, the Italian Paralympic Committee,
Emilia - Romagna committee*



"To make a team it's important in sports as well as in the defence of life. Let's support the House of Awakenings"

Andrea De David

President of CSI Italian Sport Centre - Bologna committee



"A memorandum of understanding has been signed with Gli amici di Luca, an important step forward in the fight against road accidents and the promotion of security"

Emma Petitti

President of the Legislative Assembly of the Emilia Romagna region

"A Day that shines a light in the European Union"

Elisabetta Gualmini

Member of the European Parliament



"To join lives in any aspect. This is the true sense of the Days of Awakenings: to recall the importance of protecting and embracing the fragilities of life"

Matteo Maria Zuppi

Archbishop of Bologna and President of the Italian Episcopal Conference



"The manifesto of the Day of Awakenings an important challenge: a path aiming at recognising citizenship to patients with fragility and vulnerability, essentially and in full"

Matteo Lepore - Mayor of Bologna



"A Day to awake. Every 7th October, the day in which Luca woke up from coma"

*Maria Vaccari
e Fulvio De Nigris
Gli amici di Luca
Voluntary association*



A magazine to analyse the subject, the **"Gli amici di Luca Magazine"** is on line

25th National Day of Awakenings - 9th European Day of Awakenings

 **BOLOGNA > TUESDAY 3rd OCTOBER 2023** h 11.00 a.m.

Exhibition area of the Legislative Assembly of the Emilia Romagna region - Via A. Moro, 50

OPENING CEREMONY OF THE EXHIBITION

CONGIUNGVITE! (CONJUNCTILIVES)

**Alessandro Bergonzoni: Twenty-five years (non to see opaque)
25 years of social campaigns for the Day of awakenings**

The exhibition will be open until 27th October

 **BOLOGNA > SATURDAY 7th OCTOBER 2023** h. 9.00 - 12.30 a.m.

Garden of the Casa dei Risvegli Luca De Nigris (Luca De Nigris house of awakenings) - Via G. Gaist, 6 - Bologna

DAY OF AWAKENINGS - OPEN DAY -

In cooperation with



For many years, the “**National day of awakenings**” has traditionally been an opportunity to meet the citizenry, to restate the necessity to look at differences, to express solidarity, to rejoice and celebrate together in a place of care linked to the city that reiterates its normality with patients, families, operators and volunteers.

PROGRAMME

h. 9.30 a.m. Opening to the public

h. 10.00 a.m.

ACTIVITIES FOR STUDENTS, BOYS AND GIRLS: CHEERLEADING AND FRISBEE

By CSI (Italian Sport Centre) Bologna, Jade Dragon Cheerleader and BUG

h. 11.30 a.m.

GREETINGS FROM THE AUTHORITIES

With the participation of **Alessandro Bergonzoni**,
ambassador of the Casa dei Risvegli Luca De Nigris

BALLOON RELEASE

(ecological and biodegradable) with the “**Messages for an awakening**”

*Some Italian cities will participate with different initiatives to the
Day of Awakenings on Coma Research: Gioia del Colle (BA), Pescara (PE),
Salerno (SA), Galtagirone (CT), Agnone (IS), Verona (VR), Villamassargia (SU)*

25th National Day of Awakenings - 9th European Day of Awakenings

BOLOGNA > SATURDAY 7th OCTOBER 2023 h. 2.30 p.m.

Cappella Farnese - Piazza Maggiore, 6

Participatory manifesto for the Day of Awakenings

The results of a long path

CONFERENCE

Under the patronage of the Ministero della Salute

Presentation of the paths leading to the final draft of the document
The detailed programme is available on www.giornatadeirisvegli.it

BOLOGNA > SATURDAY 7th OCTOBER 2023 h. 9.00 p.m.

Teatro Dehon - Via Libia, 59 - Bologna

NATIONAL PREVIEW

GA gli amici di *Luca*

“COMA READING”

In cooperation with

TEATRO DEHON
CENTRO CULTURALE TEATROAPERTO



A work by Alessandro Bergonzoni

ON STAGE PATIENTS WITH COMA OUTCOMES

who has taken part into the theatre labs of the Luca De Nigris House of Awakenings

Artistic coordination

Alessandra Cortesi, Deborah Fortini

Pedagogical coordination

Antonella Vigilante, Martina Pittureri



“Day of Awakenings” IN THE SQUARE AND IN THE CITY STREETS

**Sports activities, witnesses, moments
of reflection will take place**

*This event is an important moment
to spread good care about the assistance
and the resocialisation of patients with
coma outcomes and ABI*

h. 9.00 a.m opening of the day 4th walk for awakenings

IN THE CITY CENTRE

**Participants meeting from 10.00 a.m.
Start at 10.30 a.m**

With **Michael Brusha** Street band

Area of road safety

Local police of Bologna

Observatory for road security education

Emilia Romagna Region

Infopoint and activities

to involve citizenry

Animations with the actors of FANTATEATRO

Area CSI/CIP: Italian Sport Centre and Italian Paralympic Committee

CSI Bologna e CIP

**Together with sport societies,
they will animate the square with:**

Climbing, Frisbee, Artistic and rhythmic gymnastics,
Cheerleading, Rhythmic gymnastics, Rugby,
Carabina Laser, MegaVolley, Nordic Walking

Free tests and Athletes' performances

Area CRI, Italian Red Cross

First Aid simulation

with ambulance, theatrical actions

“Trucca traumi” (making traumas up) - Pediatric

First Aid actions in case of breathing obstruction

Clown activities

Puppet awakening

with

Riccardo Pazzaglia



in cooperation with Burattini in Bologna Aps

Yoga and meditation

“Sun salutation”

with the teachers:

Patrizia Saccà author of “Yoga a raggi liberi”
and **Jones Tonelli** of “Interno Yoga”

Auto exhibition

Jeep avenger full electric

Closure of the event

Casalecchio di Reno Band

Directed by **Massimo Sgargi**

FANTATEATRO

presents

The one who moves slowly... Nilsen apprentice pilot **Performance for children on road safety education**

Delivery to “**Gli amici di Luca**” of the fundraising for the
“**Day of awakenings**” by Spazio Conad (from 30th September to 15th October)

25th National Day of Awakenings - 9th European Day of Awakenings

BRUXELLES > WEDNESDAY 18th OCTOBER 2023 h. 6.00 p.m.

Piola.libri Rue franklin 66/68 1000 - Bruxelles

The Theatre of Awakenings

Meeting with **Alessandro Bergonzoni** and the actors of “**Gli amici di Luca**”

BRUXELLES > THURSDAY 19th OCTOBER 2023 h. 9.30 a.m.

European Parliament headquarters

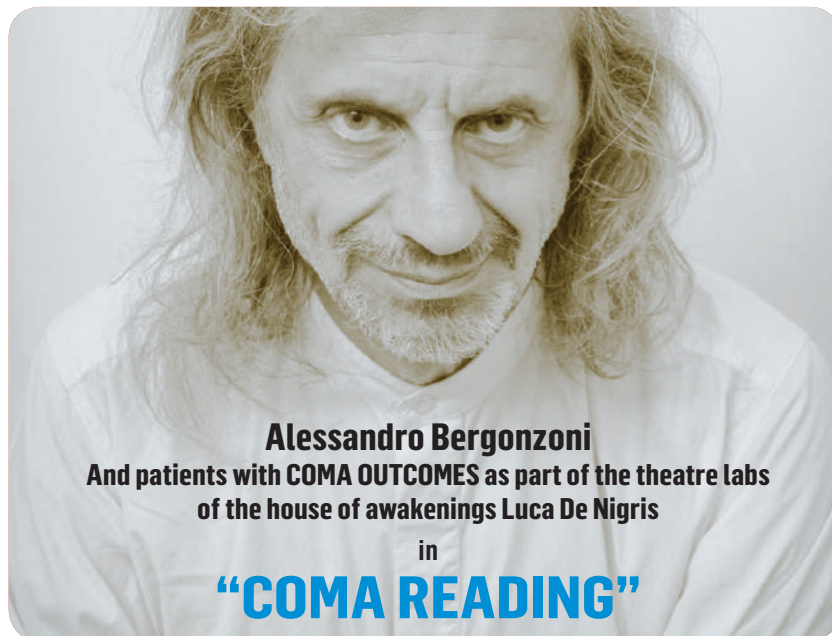
As part of the European celebration of the “**Day of Awakenings on coma research**”

Meeting with the Minister **Elisabetta Gualmini** and the representatives of the European Commission and the European Disability Forum

BRUXELLES > THURSDAY 19th OCTOBER 2023 h. 7.00 p.m.

Theatre of the Italian Institute of Culture - Rue de Livourne, 38

 gli amici di Luca



Performance realised with the contribution of



Under the patronage of



European initiatives planned in Valencia (Spagna), Cascais (Portogallo), Liegi, Brussels (Belgio) and other locations being defined

25th National Day of Awakenings - 9th European Day of Awakenings

BRUXELLES > FRIDAY 20th OCTOBER 2023 h. 9.30 a.m.

Headquarters of the European Parliament

A meeting is planned at the European Parliament as part of the European celebration of the “**Day of awakenings for coma research**”, organized by MEP **Elisabetta Gualmini** in live streaming on social media (Facebook, Instagram)

LIEGE > FRIDAY 24th NOVEMBER 2023 h. 9.00 a.m. - 5.00 pm

University of Liege

GIGA Consciousness, University and University Hospital of Liege

CRS-R Online Workshop 2023 **Online workshop on the Coma Recovery Scale-Revised**

(in French and in English language)

For clinicians and researchers

About this event

The Coma Science Group (GIGA Consciousness, University and University Hospital of Liege, Belgium), is specialized in the assessment and the care of patients with disorders of consciousness after severe brain injury. They use the Coma Recovery Scale-Revised (CRS-R) in their daily practice and they regularly train professionals to learn how to use this scale. This fourth online workshop is designed to provide essential knowledge and clinical training for the CRS-R.

It will start with an introduction on theoretical background about consciousness and the available scales for assessing brain-injured patients. Then, we will focus on specific administration and scoring guidelines of both the CRS-R. These interactive sessions will feature real clinical cases and videos to facilitate questions and discussions between participants and experts. The attendees will finally have the opportunity to test their knowledge after the lunch break with case-based video quizzes.

For further information caabinet@uliege.be

 **VALENCIA > WEDNESDAY 4th OCTOBER 2023** h. 12.30 p.m. – 1.30 p.m.

University of Valencia - Faculty of Social Work

Nueva Opción, Asociación de Daño Cerebral Adquirido de la Provincia de Valencia

European Day of Awakenings, 7th October and the National Acquired Brain Injury (ABI) Day, 26th October

Meeting with the Social Work students to talk to them about Acquired Brain Injury, its causes and consequences (coma) and how to work on the associations that serve affected people and families.

Event speakers: **Francisco Quiles Guerola** (Director of Nueva Opción)

 **VALENCIA > SATURDAY 7th OCTOBER 2023**

A commemorative video of **Awakenings Day** will be edited in support of our friends' initiative by Amici di Luca. Videoconference participation with European parliamentarians thanks to the initiative of Amici di Luca

 **CASCAIS > WEDNESDAY 4th OCTOBER 2023** h. 2.00 p.m. – 5.00 p.m.

Clube Naval de Cascais

Novamente, Associação Apoio aos Traumatizados Crânio-Encefálicos e Suas Famílias

The importance of staying active

Event program

Gathering a group of 15 people (TBI survivors) to do an adapted sailing session.

The main goal is to show the importance of being active on a daily basis (especially after suffering a coma and also a brain injury).

We are also sharing a video in our social networks with the result of this session.

Event speakers: **People who have suffered brain injuries**

under the patronage of



European projects



support Awakenings Day

