It's worth it!

EUROPEAN DAY OF AWAKENINGS
OCTOBER 7TH 2015

COMA AND ITS OUTCOMES
The “National Day of Awakenings on Coma Researches - It’s worth it” promoted by the association Gli amici di Luca onlus has reached the goal of his 17th edition this year, thus becoming the first European Day of Awakenings “under the high patronage of the European Parliament”. The objective of this day is shared by two European projects, headed by the Italian training and educational authority Futura, in cooperation with the association Gli amici di Luca onlus, both finalized to the creation of a European cooperation network on coma and severe acquired brain injuries: **L.U.C.A. - Links United for Coma Awakenings** (partners: Belgium, Bulgaria, Greece and Spain) co-funded by the Lifelong Learning programme of the European Union and centred on the learning and spread of good practices; **L.U.C.A.S. - Links United for Coma Awakenings through Sport** (partners: Belgium, Cyprus, Denmark, Lithuania, Portugal, Spain and CSI - Italian Sports Centre for Italy) co-funded by Erasmus + program of the European Union (Sport Collaborative Partnership) to produce and share rehabilitation models through sport. The European Day of Awakenings takes place thanks to many national and international institutional patronages, starting from the experience of the “**Casa dei Risvegli Luca De Nigris**” (Luca De Nigris House of Awakenings) and it is engaged in the application of the action plan to ratify the United Nations Convention on rights of people affected by disability and equal opportunities of people in need. The European Day of Awakenings is an important date to be continued in time in order to realize the Protocol on Cooperation signed by partners on the project and many organizations and associations joining in. The event provides for many initiatives planned in partner countries of the different projects taking place through joined actions promoting good practices through social themes, together with the clinical ones of researches and therapeutic alliance between health professionals, non-health operators, family members and volunteers. The launched debate on the subject of coma has arisen relevant interest at European level; therefore the idea of a European Day of Awakenings acquires a high value, for the Associations for family members protection and the Health and Research world.

www.lucaproject.eu - www.lucasproject.eu

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**EVENT PROGRAM**

**EUROPEAN DAY OF AWAKENINGS**

**OPEN DAY**

in cooperation with

**CSI Italian Sports Centre Bologna Committee**

Since many years the National Day of Awakenings is a traditional opportunity to meet citizens to reintroduce the need to look at differences, to express solidarity, to rejoice and party together in a place for care linked to the city, to state again its normality with patients, family members, operators and volunteers.

**PROGRAM**

- Recreational and motoric activities for youngsters by CSI Centro Sportivo Italiano
- Readings and testimonials in relevant places of the structure
- Welcome by the Authorities with **Alessandro Bergonzoni**, testimonial of the Casa dei Risvegli Luca De Nigris
- Launch of the “Messages for an Awakening” attached to the balloons; other European cities will join from different places and through the web.

Activities take place in the garden of the structure.

**GENERATIONS MARATHON**

Organized by:

**Festival delle generazioni in cooperation with the association Gli amici di Luca onlus, A.S.D. Corri con Noi and C.S.I. Provinciale di Bologna**

Start at 10.00 a.m.

The proceeds will be allocated to the Casa dei Risvegli Luca De Nigris

REGISTRATIONS: registration fee 2 euro minimum

Infoline: Fausto Cuoghi phone: 335 810 3401
f.cuoghi@cisl.it – info@festivaldellegenerazioni.it
S. Pellegrino Terme | 26th September 2015 - 9.00 a.m./5.30 p.m.

Hotel Bigio - Centro Congressi - Via Giacomo Matteotti, 2 - San Pellegrino Terme - Bergamo

**27th Genesis meeting**

**INNOVATIVE ASPECTS IN THERAPY, ASSISTANCE AND REHABILITATION OF MOVEMENT DISORDERS**

Promoted by Associazione Genesis - In cooperation with Provincia di Bergamo (Social And Health Policy Department)

La Rete (United Associations for Cranial trauma and GCA - Severe acquired brain damage)

patronage of:

Provincial Health Rehabilitation Department, Bergamo

ECM

The awarding of Lifelong Medical Education Credits for: DOCTORS, HEALTHCARE ASSISTANTS and PHYSIOTHERAPISTS has been requested to the Italian Ministry of Health.

**CONFERENCE OBJECTIVES:**
- To face current problems related to clinical diagnosis, assistance and rehabilitation treatment in a simple, updated but complete way.
- To focus the illness in a multidisciplinary approach including clinical, physical and pathological, therapeutic and rehabilitative approaches.
- To evaluate the therapy of illnesses causing movement disorders with the use of several drugs.
- To give updates on the reasoned use of the different therapies available.
- To manage the nursing of the patient with a movement disorder, in the hospital, at home and on the district.
- To analyze rehabilitation techniques suitable for patients affected by movement disorders.

Scientific Secretary Dr. **Giovanni Pietro Salvi** Istituto Clinico Quarenghi
San Pellegrino Terme - Tel. 0345 25145
segreteriasan@clinicaquarenghi.it

Organization Secretary **Sergio Prandini** - Marketing & Business Development
Azygos Srl - Via Carlo Tenca 7, 20124 Milano
Tel. 02 4802 0604 - 335 8102 589 - Fax 02 6738 8448
s.prandini@azygos.it

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Torino | Saturday 3rd October 2015 - 9.00 a.m./6.00 p.m.

Sala convegni Piccola Casa Divina Providenza - Via S. Giuseppe Cottolengo, 12 - Torino

**FROM COMA TO COMMUNITY**

**GOOD PRACTICES IN THE OUTCOMES OF SEVERE CEREBRAL DAMAGES**

With the patronage of: - Torino European Sport Town 2015

in cooperation with - CSI Italian Sports Centre Torino Committee

The event, awarding ECM Credits is addressed to anyone working in the health field

Educational Credits: 8

**THE CONFERENCE**

The conference takes shape from the “**Links United for Coma Awakenings through Sport**” - project - LUCAS, presented by Futura in cooperation with Gli Amici di Luca Association: The project was selected among 406 projects presented at European level and co-financed by the European Union Erasmus + Program (Sport Collaborative Partnership).

This current project, whose Italian partner is the CSI-Centro Sportivo Italiano - CSI Italian Sports Centre, involves other six European Countries (Belgium, Cyprus, Denmark, Spain, Lithuania, Portugal). Its aim is to create a stable European network to share information, experiences and good practices in terms of rehabilitation models through sports, to reintroduce patients with cerebral traumas and spinal cord injuries (especially as a coma outcome) and their families/caregiver.

Sport gives opportunities to take part in to patients at the risk of exclusion from the community after a severe life project break (awakenings from “interrupted lives”) and to build up solidarity networks and volunteer work around these patients (community awakening).

**PROGRAM**

8.30 a.m. Registration

9.00 a.m. Messages and greetings from the European partners
Welcome by: **Stefano Gallo** Sport Council Member, Municipality of Torino
**Maria Vaccari** President of the Association Gli amici di Luca Onlus

9.15 a.m. Message of **Elly Schlein** Member of the European Parliament - “The European Day of Awakenings: an opportunity to broaden the borders of problems upon coma”

**FIRST SESSION**

**AWAKENING THROUGH SPORT**

Moderator: **Gianpietro Spirito** journalist, Tv2000 presenter

9.30 a.m. The LUCAS project (Links United for Coma Awakenings through Sport)

**Elena Vignocchi, Federica Ragazzi** Futura Soc. Cons. r.l. Project coordinator,

**Michele Marchetti** Welfare CSI Centro Sportivo Italiano (Italian Sports Centre) director,

**Francesca Natali** Gli amici di Luca Association onlus

10.00 a.m.
“Awakening training by computerized dynamic retroaction through amusement, play and interventions providing the use of videogames, creative arts and social integration as catalyst”

Anthony Lewis Brooks, PhD - Associate professor, Director SensoramaLab
Aalborg University, Esbjerg (Danimarka)

11.00 a.m.
“Transforming physical training into a playful sport for children and youngsters awaken from Coma”
Eva Petersson Brooks, PhD - Associate professor, Head of section - Section for Architecture, Design & Media Technology Head of Research, Director Centre for Design, Learning & Innovation (DLI), Aalborg University, Esbjerg (Danimarka)

12.00 a.m.
From Trauma to the high level (CIP)
Testimonial experiences

1.00 p.m. Break

SECOND SESSION

LA CASA DEI RISVEGLI LUCA DE NIGRIS: PATHS IN POST ACUTE PHASE

2.00 p.m. Afternoon session
moderator Leonardo Melossi, physical therapist and neurological therapist
The experience of the innovative structure in Bologna described in the book “Dal coma alla comunità” (From coma to community) (FrancoAngeli editore) - Interventions by:
Roberto Piperno Director of the Rehabilitative Medecine and Neurorehabilitation Department, UOC Ospedale Maggiore, Bologna and in Casa dei Risvegli Luca De Nigris
Fulvio De Nigris Director of the Centro Studi per la Ricerca sul Coma - Study Centre for Researches on Coma

3.00 p.m.
The cure dimension: the approach with the family of a patient with low response
Laura Trevisani pedagogist, coop perLuca clinic
Anna Di Santantonio researches at the Study Centre for Researches on Coma

3.30 p.m.
The theatre in the rehabilitative path
Alessandra Cortesi theatre operator, coop perLuca,
Giusy Salvati physiotherapist Azienda Usl di Bologna - Health Public Services, Bologna

4.00 p.m. Experience exchange
Il Progetto Girasole
Anna di Santantonio, Cristina di Stefano Researchers, Study Centre for Researches on Coma
Il Centro Puzzle
Marina Zettin Director responsible for Centro Puzzle, Torino

5.00 p.m. Exchange and debate
5.30 p.m. Evaluation and conclusions

Bologna | Monday 5th October 2015 - ore 9.00 a.m./1.30 p.m.
Auditorium - Regione Emilia Romagna - Viale A. Moro, 18 - Bologna

TRAINING SEMINAR
COMA COMMUNICATION

The Association and the Foundation of Journalists in Emilia-Romagna inside the “European Day of Awakenings”

ECM Credits awarded: 6

The training seminar for journalists (open to both family members and operators) is about a particular segment of the health communication related to coma outcomes and to patients deprived of self-determination, consequently falling back on family members in particular. The idea to introduce a declaration of intents including regulations on the editing and spreading of news on coma and the illness in general was introduced during the conference “Coma communication: information rights, privacy and information” in October 2005. Ten years later the seminar and the signers of that “Document of the intents” want to ponder upon the spread among communication professionals and on possible updates of those suggestions for an even more correct and respectful communication (www.comunicareilcoma.it).

PROGRAM

9.00 a.m. Registration
9.30 a.m. Reports
Welcome by: Antonio Farnè President of the Association of journalists, Emilia-Romagna moderator Mauro Sarti journalist, University of Bologna

interventions
“Coma communication, the Document on intents: for a correct information”
Fulvio De Nigris Director Study centre for the Research on Coma
“Michael Schumacher, the journalist report before and after the accident”
Giulia Panzacchi Compass degree (University of Bologna)

Roberto Piperno Director of the Rehabilitative Medecine and Neurorehabilitation Department, UOC, Ospedale Maggiore, Bologna and Casa dei Risvegli Luca De Nigris - Emergency Department, AUSL Bologna
Daniele Donati University of Bologna
Pina Lalli University of Bologna
Testimonials of family members and patients who lived through coma with a speech by
Simona Arletti Presidente di Rete Italiana Città Sane (Italian network of Healthy Towns)

Planned number of partecipants: 130

FREE EVENT
REPORT ON VEGETATIVE STATES IN ITALY
THE RESULTS OF THE VESTA STUDY

This conference shows the final results of this study - a CCM research project of the Ministry of Health, requested from 24 Medical Associations - the first systematic analysis of the diagnostic aspects of Vegetative States and Minimally Conscious States as extreme disability conditions in Italy.

In these clinical situations it is compulsory to ensure the highest level of diagnostic accuracy in a field where many uncertain elements persist.

The aim is to evaluate how much the misdiagnosis influences the Italian clinical context and to analyse the possible change in irreversible chronical phases. The conclusions of this study reveal that misdiagnosis of a vegetative state in a chronical phase is around 25-30% of the cases and the Minimally Conscious State is around 40% of cases.

PROGRAM

8.30 a.m. Registration
9.00 a.m. Introduction
**Giancarlo Pizza** direttore Ordine dei Medici Chirurghi e Odontoiatri Provincia di Bologna
9.30 a.m. Results of Vesta study - Report presentation
**Roberto Piperno** Director of Rehabilitation Medicine and Neurorehabilitation Department, UOC Ospedale Maggiore - Director of Casa dei Risvegli Luca De Nigris - Emergency Department, AUSL di Bologna
10.00 a.m. Towards an expert evaluator network: presentation of the instrument FAD
**Olivia Cameli** and **Laura Simoncini** Casa dei Risvegli Luca De Nigris
**Flavia Rubbi** Dictor/Responsible for Training MED3
10.30 a.m. Evaluation of instrument on perceived Communication
**Anna Di Santantonio** neuropsychologist, researcher at Centro Studi per la Ricerca sul Coma – Study Centre for the Research on Coma
11.00 a.m. VESTA Register: whose prospective?
**Salvatore Ferro** general direction, Social Welfare and Health policies, Regione Emilia Romagna
**Giancarlo Pizza** Director of the Association of Doctors and Dentists, Province of Bologna
**Fulvio De Nigris** Directors Centro Studi per la Ricerca sul Coma
**Roberto Piperno** Director of Rehabilitation Medicine and Neurorehabilitation Department, UOC Ospedale Maggiore, Director of Casa dei Risvegli Luca De Nigris - Emergency Department, AUSL Bologna
11.30 a.m. The role of Care Givers in the cure path
**testimonials**
12.00 a.m. discussion
1.30 p.m. conclusions
COMA AND ITS DISORDERS OF CONSCIOUSNESS

The conference on coma and its disorders of consciousness will allow the public to have a general overview about what is a coma and how to handle it. Experts will talk about how to assess a patient, what to expect for recovery, what are the treatments available so far and how neuroimaging can help in the assessment of consciousness. Open discussion and time with experts, caregivers and family members will follow the conference.

Speakers:
- MD Prof. Steven Laureys Coma and Related States of Consciousness
- Dr. Vanessa Charland-Verville Recovery from Coma
- PhD cand Charlotte Martial Neuroimaging in assessment of consciousness

EUROPEAN DAY OF AWAKENINGS
AND L.U.C.A. PROJECT

Program:
- Welcome and presentation of guests and lecturers
- EU Day of Awakenings;
- L.U.C.A. project: objectives, partners, results;
- European experience curing people after coma;
- Bulgarian experience curing people after coma;
- Video film.

Speakers:
- Georgi Yakaliev
- Yordanka Petrova
- Izca Derijan
- Others
The First European Day of Awakenings

Program and Speakers (to be confirmed)
Coordinator: Antigoni Drousiotou journalist
7.00 p.m. Participations (Coffee)
7.15 p.m. Opening - Ministry of Health
7.30 p.m. The Medical Option - Dr. Ivan Veresie
8.00 p.m. Social integration - Chrysis Michaelides
8.30 p.m. Good practise in Cyprus - Onisiforos Chatziosiforou
9.00 p.m. Conclusion - Antigoni Drousiotou
Dinner to the speakers

The Power of Sport

Monday 12th October, Aalborg University Esbjerg will host an European Day of Awakenings event where the use of sport in rehabilitation is presented. As well as demonstrations, examples and talks by luminaries, latest technologies as used in various sports are considered as an aid in quantifying progress in rehabilitation training that otherwise is difficult or impossible to accurately measure for validity and reliability. This will be the first time such technologies are presented in this way and it is anticipated that attending therapists will contribute within discussions on the potentials as they see as experts in the field. In the program the LUCAS and LUCA European projects will be presented. Topics include best-practices in Denmark/Scandinavia and the rest of Europe on sport being used in rehabilitation; plus - legal aspects; description of the national/regional care system for rehabilitation through sport; relevant actors and family involvement in ABI through sport; specialised knowledge or training resources, courses financial support, infrastructure and more. This event will collaboratively be presented under the European Day of Awakenings (7th October 2015) and it is expected that Skype input from European luminaries in the field will participate in exemplifying and summarising what happened on the actual day across Europe towards starting to build for the 2016 event. A full program, times and location will follow.

Speakers
- LUCAS partners can come in on the Skype/video conference presentation as a part of the event
- Jes Høgh, a famous ex-national footballer who suffered a severe stroke. He is listed as an ambassador for the brain injury foundation in Denmark (www.hjerneskadet.dk). He has written a book “Comeback til livet” (Comeback to Life LINK)
**Portugal | Wednesday 7th October 2015 - 2.00 p.m./6.00 p.m.**

*Lisbon - Auditório INFARMED*

**DESPERTAR PARA A VIDA**

**Program**

- 2.00 p.m. Registration of participants
- 2.30 p.m. Welcome
- 2.45 p.m. Presentation of the LUCAS project
- 3.00 p.m. Presentation of the European Day of Awakening
- 3.30 p.m. Experts talking about Coma Awakening and what it means
- 4.30 p.m. Coffee Break
- 5.00 p.m. Testimonials of people that went through Coma Awakening
- 6.00 p.m. Closure with Dance performance by people with disability

**Spain | Wednesday 7th October 2015**

*Madrid - Ceadac / Barcelona - Institut Guttmann / Palencia - Hermanas Hospitalarias*

**CINEFORUM, FILM SHOW**

**AWAKENINGS**

**Activities coordinated and performed by Dependentias**

**DISCUSSION ABOUT THE MOVIE:** The aim of this activity is raising awareness and understanding of the importance of the relationship doctor-patient. Among other facilities, will participate in these initiatives: ASPACE (Granada); Hospital la Fe (Valencia), Hospital de San Luis (Palencia) and New Option (Valencia).

**Spain | Monday 5th October 2015**

*Valencia - University of Valencia Campus facilities*

**CINEFORUM FOR STUDENTS RELATED WITH COMA**

**Performed By The University Of Valencia, Institute Of Social Welfare Policy (Polibienestar) Institute**

Several films and movies showing different dimensions and experiences related with the situation of awakening from Coma will be projected in the University of Valencia Campus facilities. The aim is to raise awareness and spread the relevance and challenges that individuals have to face after laying in Coma. It is addressed to general audience within the University context, mainly students but also researcher, administrative staff, etc., who may be interested in this topic.

**Spain | Tuesday 6th October 2015**

*Valencia - SEAS facilities*

**FRANCISCO GARCÉS ROCA AWARD**

This award is addressed to researchers and academics in the area of social welfare policy and during 2015-2016, it will be focused on scientific papers already published whose content is related with interventions with patients after coma, particularly base on Sports. It will be presented by SEAS Committee.

**Spain | Tuesday 6th October 2015**

*Valencia - NUEVA OPCIÓN facilities*

**NUEVA OPCION:**

**“LINKS BETWEEN THE NATIONAL DAY OF BRAIN INJURY AND THE AWAKENINGS DAY”**

**Activity Coordinator: Seas**

The main purpose of this event is to link some activities within the scope of the coming national day of brain injury, bringing together both days. It is addressed to care professionals, families in this situation and the general public.